



Part 3: “The Great Life”

Introduction

Your new identity in Jesus makes your life better and makes you better at life. But better doesn’t mean easy. We’re still caught in the middle of what’s real and what’s ideal. So before we get to the ideal, how can we experience the great life that is real?

Discussion Questions

1. What would “the good life” look like for you? How would you describe it?
2. Digging into your “good life” a little deeper, what are the feelings surrounding it that make it so appealing?
3. Read Galatians 5:22–23. When do you tend to experience the fruit of the spirit most often? When do you struggle?
4. Paul made it clear that “the good life” isn’t possible on this earth on our own. We need the Holy Spirit to teach and remind us how to have the good life. What is one lesson you feel you are having to be taught and reminded about over and over?
5. Alysia mentioned that getting to know God by reading the Bible and praying are two important ways to allow the Holy Spirit to guide us. How has this been modeled for you? Is there anyone in your life who does this well?
6. The fruits of the Spirit are love, joy, peace, patience, kindness, goodness, faithfulness, gentleness, and self-control. Do these words describe what you experience day to day? What is one step you can take to allow the Holy Spirit to produce one of these more consistently in your life?

Changing Your Mind

*I am telling you these things now while I am still with you. But when the Father sends the Advocate as my representative—that is, the Holy Spirit—he will teach you everything and will remind you of everything I have told you. **John 14:25–26 (NLT)***